

The Orchard Children's Centre
Hilden Road, Padgate,
Warrington WA2 0JP
Tel: 01925 816912

Central-East Warrington Children's Centres

Autumn-Winter Programme

Sept - Dec 2017

October
Sandy Lane Children's Centre
Sandy Lane, Orford,
Warrington WA2 9HY
Tel: 01925 425580

Children's Centres offer a range of services for young children and families including health advice, play and learning, and parenting support. If you would like a home visit from one of our friendly Early Help Workers to find out more, please contact your nearest centre.

Services that need booking in advance

All Kinds of Play

Stay and play sessions for young children and their parent/carers.
Baby All Kinds of Play – activities are focussed on babies from birth to walking.
Toddler All Kinds of Play – activities are focussed on confident walkers to school age.

Parents' Forum

A chance to get involved and have your say in your local children's centres. Meetings every half term.

Bosom Buddies

Breastfeeding support group for new and expectant mothers.

Childminder drop-in

Meet other childminders and share good practice. Early

Health Visitor Advice drop in

Baby weighing and advice and support on babies' health and development.

Breastfeeding Lactation Clinic and Support Group

A friendly clinic and support group to offer help and give advice to breastfeeding mothers.



Citizen's Advice Bureau

Appointments with a CAB advisor for free advice on money, housing, employment and legal matters.

Baby Massage

A 6 week programme for babies aged 6 weeks to pre-crawling. Learn massage to help soothe, relax and bond with your baby.

Ready Steady Nursery

A fun 6 week programme to help children and parents learn all the skills they will need for nursery or pre-school.
Aimed at children aged 2 years +

Community Midwife

Antenatal and postnatal appointments. Contact your midwife to book.

Adult Learning

Courses for parents to learn new skills such as: Maths, English, First Aid, Confidence, and Understanding Your Toddler's Behaviour.
Free crèche may be available.

Family Healthy Eating

To help you understand the importance of healthy eating for you and your family in order to maintain a healthy weight and lifestyle.

Chatterbox

A 6 week programme for children aged 18 to 30 months aimed at improving early speech and language.

Baby Explorers

A 6 week programme for new parents of babies under the age of 6 months. Parents can learn about early play and development, basic first aid, baby massage, and introducing solid foods.

Talking Chefs

A 6 week course for children aged 2 years + and their parent/carer, aimed at improving early communication and language skills through fun and practical cooking activities.

Sensory Room at The Orchard

Filled with opportunities for light and sound play, the sensory room is available to book. Contact the Orchard for availability.

Understanding Your Child's Behaviour

The aim of this course is to help you understand why children behave the way they do and how you as a parent can help support your child's social, emotional and intellectual development.


Monday	Tuesday	Wednesday	Thursday	Friday
<p>9:00am–12:00pm Community Midwife Appointments</p> <p>10:00-11:00am Pram Push Fitness</p> <p>10:00-11:00am Baby Explorers <i>(Invite/referral only)</i></p> <p>10:00-11:30am Childminders Drop-in <i>(term time only)</i></p>	<p>9:30-11:00am Health Visitor Advice Drop-in</p> <p>09:30-11:30am English (No crèche)</p> <p>1:30-3:00pm Toddler All Kinds of Play</p> <p>1:00–2:00pm Family and Baby (FAB) Sensory Group <i>(by invitation only for neo-natal babies)</i></p>	<p>9:30–12:30pm 2 year Development Checks <i>(Appointments)</i></p> <p>10:00am-12:00pm Baby Webster Stratton <i>(with crèche) (Invite/Referral only)</i></p> <p>10:30am-12:00pm Bosom Buddies</p> <p>12:30-2:30pm Maths with crèche</p>	<p>9:30am-12:00pm Community Midwife Appointments</p> <p>9:30am-12:30pm Young Parenting Group (with crèche) <i>(Invite/referral Only)</i></p> <p>1:30-2:15pm Chatterbox <i>(Invite/referral Only)</i></p> <p>12:30-2:30pm Keeping Your Child Healthy and Safe (with crèche) <i>(Invite/referral only)</i></p> <p>13:00-16:00pm 9-12 month Development Checks <i>(Appointments)</i></p>	<p>10:00-11:30am Ready Steady Nursery <i>(Invite /referral only)</i></p> <p>10:00 – 12:00 Citizens Advice Bureau</p> <p>1:30-2:45pm Baby All Kinds of Play</p>

Sandy Lane Children's Centre

Sandy Lane, Orford, Warrington WA2 9HY Tel: 01925 425580

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9:30-11:30am NEET Programme- Confident You (with crèche) <i>(Invite/referral only)</i></p> <p>12:30-2:30pm Youth Connect 5 (with crèche) <i>(Invite/referral only)</i></p> <p>1:00-4:30pm Community Midwife Appointments</p>	<p>9:30-11:30am Citizens Advice Bureau</p> <p>9:30-10:15am Chatterbox <i>(Invite/referral only)</i></p> <p>10:00-10:45am Baby Sing Along <i>(Invite/referral only)</i></p> <p>1:30-2:45pm Baby All Kinds of Play</p> <p>1:30-3:00pm Breastfeeding Lactation Clinic and Support Group</p>	<p>9:30-11:30am Health Visitor Advice Drop-in</p> <p>9:30am-12:45pm Community Midwife Appointments</p>	<p>9:30-11:00am Toddler All Kinds of Play</p> <p>9:30-11:30am Maths <i>(No crèche)</i></p> <p>9:30-11:30am Community Midwife Appointments</p> <p>1:00-3:00pm Talking Chefs <i>(Invite/referral only)</i></p> <p>6:00-8:00pm Parent Craft</p>	<p>10:00-11:00pm Baby Massage <i>(Invite/referral only)</i></p> <p>9:30-11:30am English <i>(No crèche)</i></p> <p>12:30 – 2:30pm <i>(2x 1hr sessions)</i> Let's Get Physical <i>(Parents/carers & children)</i></p>

Outreach sessions at Birchwood

	Wednesday	Thursday	Friday
<p>WARRINGTON  Borough Council</p>	<p>1:00-3:00pm Bosom Buddies</p> <p>Spencer House, Dewhurst Road, Birchwood WA3 7PU Tel 01925 843864</p>	<p>9.30-11.30am Health Visitor Advice Drop-In</p> <p>Spencer House, Dewhurst Road, Birchwood WA3 7PU Tel 01925 843864</p>	<p>Sessions to begin again January 2018</p>